

FIG. 1A

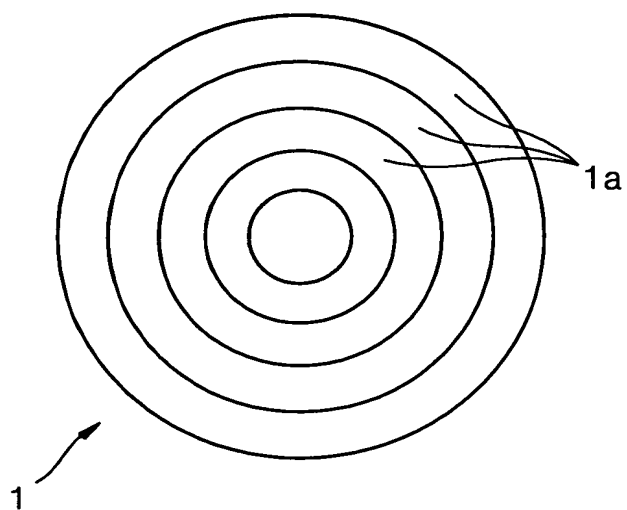


FIG. 1B

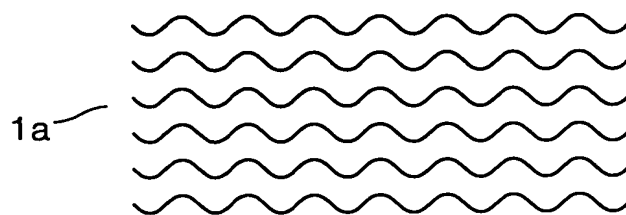
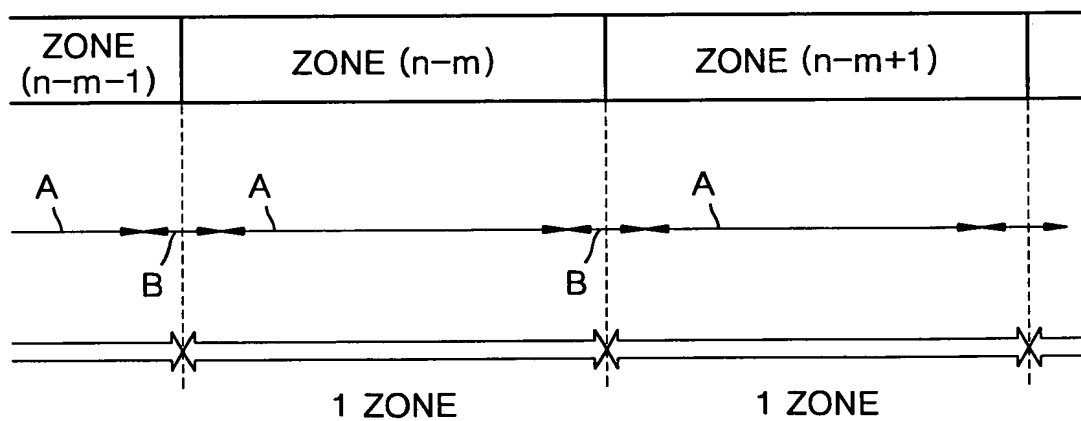
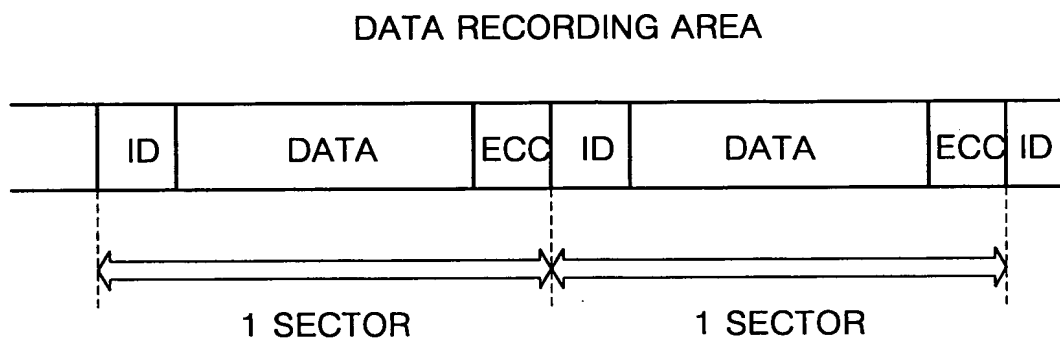


FIG. 2

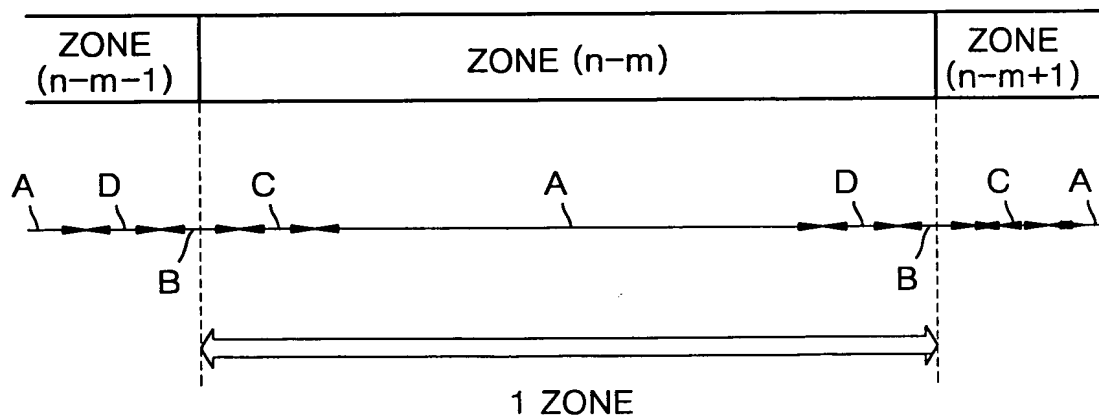


A : DATA RECORDING AREA  
B : COUPLING AREA

# FIG. 3

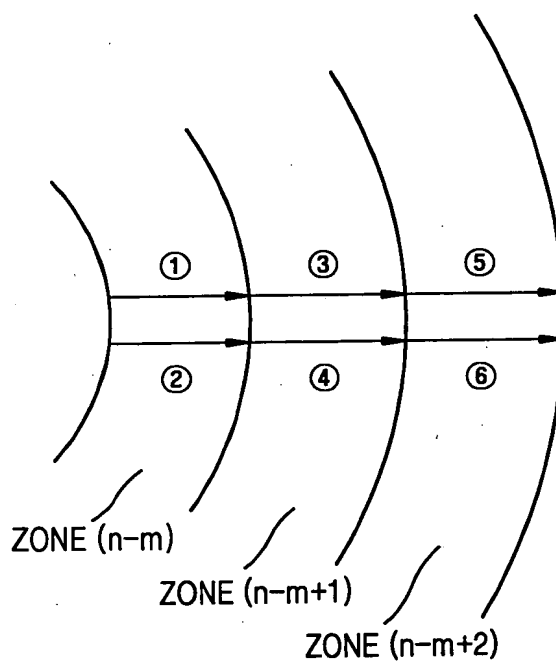


# FIG. 4



A : DATA RECORDING AREA  
 B : COUPLING AREA  
 C : ZONE START AREA  
 D : ZONE END AREA

FIG. 5



- ① : RECORDING AND REPRODUCTION GROOVE PORTION OF ZONE (n-m)
- ② : RECORDING AND REPRODUCTION LAND PORTION OF ZONE (n-m)
- ③ : RECORDING AND REPRODUCTION GROOVE PORTION OF ZONE (n-m+1)
- ④ : RECORDING AND REPRODUCTION LAND PORTION OF ZONE (n-m+1)
- ⑤ : RECORDING AND REPRODUCTION GROOVE PORTION OF ZONE (n-m+2)
- ⑥ : RECORDING AND REPRODUCTION LAND PORTION OF ZONE (n-m+2)